





# Relationships

## Questions:

1. Have relationships been hurt by your sexual sin? If so, who?
2. Have you experienced strength against sexual sin when you are in fellowship with a group of believers? If yes, give some examples of where that occurs.
3. When you fall into sexual sin, does this happen primarily when you are in isolation?
4. What does healthy companionship look like?
5. Do you have a companion(s) like this? If yes who?
6. What does healthy accountability look like?
7. Do you have an accountability partner like this? If yes, who?
8. What does healthy mentorship look like?
9. Do you have a mentor like this? If yes, who?

## Consider:

1. Has anyone been a poor influence on you concerning the sexual purity battle? If yes, what can you do to limit his/her influence?
2. What type of person do you need, to help complete and improve your sexual purity support team? Can you think of potential people to support you in this way?
3. What type of person do you need to be to make these relationships work?
  - a. Companion
  - b. Accountability
  - c. Mentor
4. What responsibilities do you have in these relationships?
5. What relationship training and skills do you personally need, so you can maintain these relationships?

## Challenge:

1. Create your support team.
2. Make intentional quality interactions with Christians of your same gender.
3. Take responsibility for your part in making these relationships successful.
4. When you feel the wave of sexual temptation begin to mount, move from isolation to community.
5. When you are in a moment of temptation reach out to someone on your team (phone, text, etc).

## For our next meeting:

1. How many intentional quality interactions with Christians of your same gender did you make?
2. Did you combat sexual temptation with community? Did you reach out to others in the moment of temptation?

