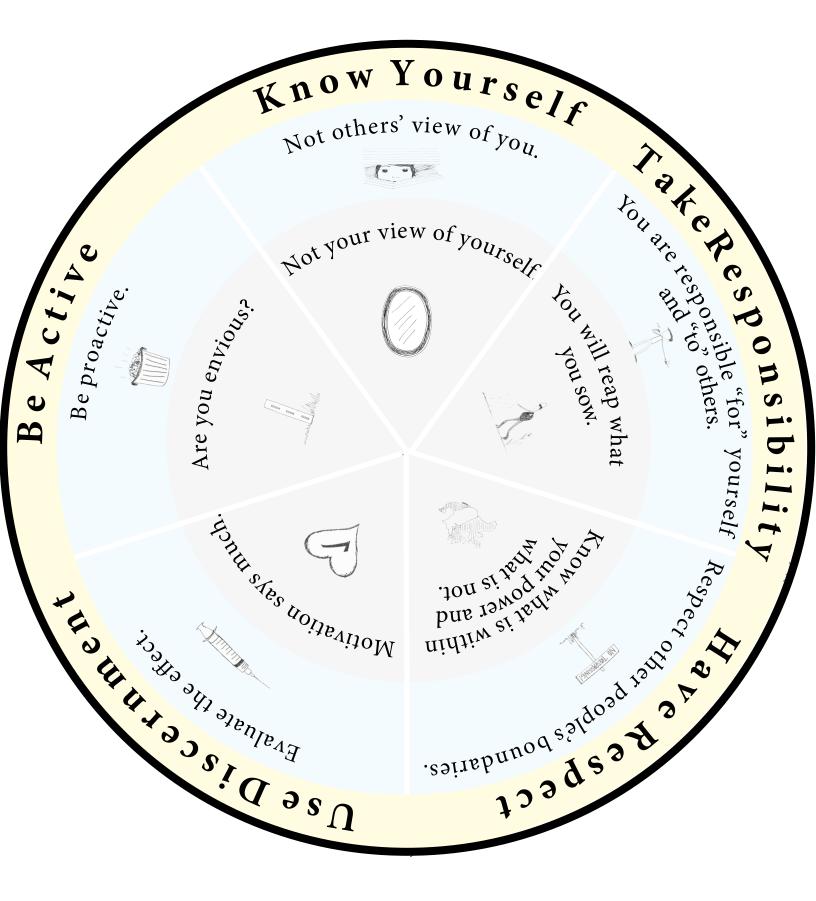


Boundaries



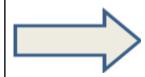
If Then

you know yourself...



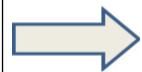
- You will find your value in God's view of you.
- You will understand God's view of others.
- Others' opinions of you will not affect you.
- Your view of you will be defined by God's view of you.

you take responsibility...



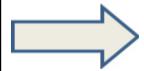
- You will reap what you sow.
- You will not reap what another person sows.
- Consequences will be a teacher.
- You will be responsible "to" others but not "for" others.

you have respect...



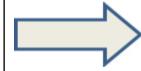
- You will understand you cannot control others.
- You will control what is inside your boundaries.
- You will not easily be offended by being told "no."
- You will protect the boundaries of others.
- You will love others better, out of your boundaries.

you use discernment...



- You will detect when you violate boundaries by responding out of fear, guilt, desire for approval, or payback.
- You will see your boundaries may cause "pain" to another but will not cause harm.
- You will not feel responsible for others' reactions.
- You will understand that "no" is not negative.

you are proactive...



- You will not be lazy.
- You will not play the "victim" card.
- You will set proactive boundaries.
- Your boundaries will advocate for you.
- Your "no" will allow for a better "yes."

APPLICATION:

F_____occurs, then I will do__

I will do______, so that______may occur.